



2023 Camp Nageela Midwest Girls Packing List

Please help your child choose and pack appropriate clothing for camp. Remember that laundry is done once during the camp session. Be sure to label each item!

Clothing

- 14 shirts
- 12 pants/shorts/skirts
- 5 pairs of pajamas
- 2 bathing suits
- 15 pairs of underwear
- 12 pairs of socks
- 2 pairs of high socks (hiking)
- 2 dress outfits for Shabbat
- 2 pairs of athletic shoes
- 1 pair of shower and pool shoes
- Rain boots
- sweatshirts
- 1 rain coat or poncho

Toiletries

- Toothbrush and toothpaste
- Comb/brush
- Soap, shampoo, conditioner
- Deodorant
- Sunscreen
- Nail Clipper
- Toiletry kit or shower caddy
- Sanitary napkins
- Contact solution if applicable

Linens

- 2 towels for showering
- 2 towels for swimming
- Sleeping bag
- Pillow and blanket
- 2 sets of bed linen

Miscellaneous

- **Hard refillable water bottle**
- Portable charger for travel home
- Stationary/postcards with stamps
- 1 laundry bag with mesh bag
- Sunhat or visor
- Box of tissues
- Pens
- Flashlight with batteries

Optional Items

- Insect repellent
- Games
- Musical Instruments
- Sunglasses
- Swim goggles
- Spare glasses
- Costumes

The following items must be kept at home or given to the camp upon arrival to ensure a fun and safe camp experience.

- All electronic devices that have a screen
- All flammable materials including hot pots, matches, fireworks, lighters, butane and candles
- Walkie-talkies
- Skateboards and roller blades
- Knives
- Animals

All tops should cover one's shoulders (no spaghetti straps), full shorts (no mini or biker shorts) and refrain from exposing midribs and low-cut tops. Tops with vulgar language or inappropriate messages are not allowed.